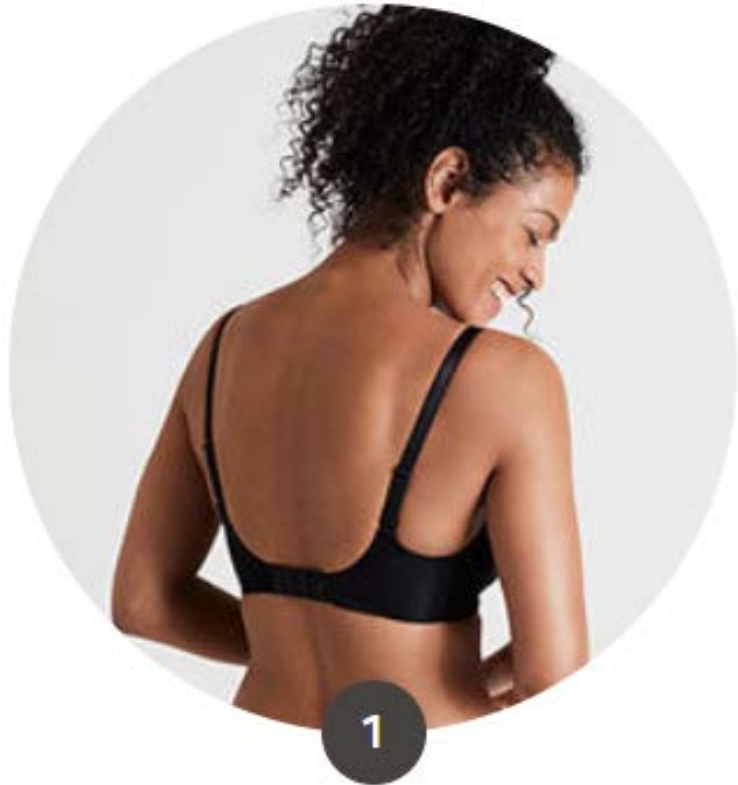


IS YOUR BRA FITTING YOU WELL?

Here's what we're looking for...

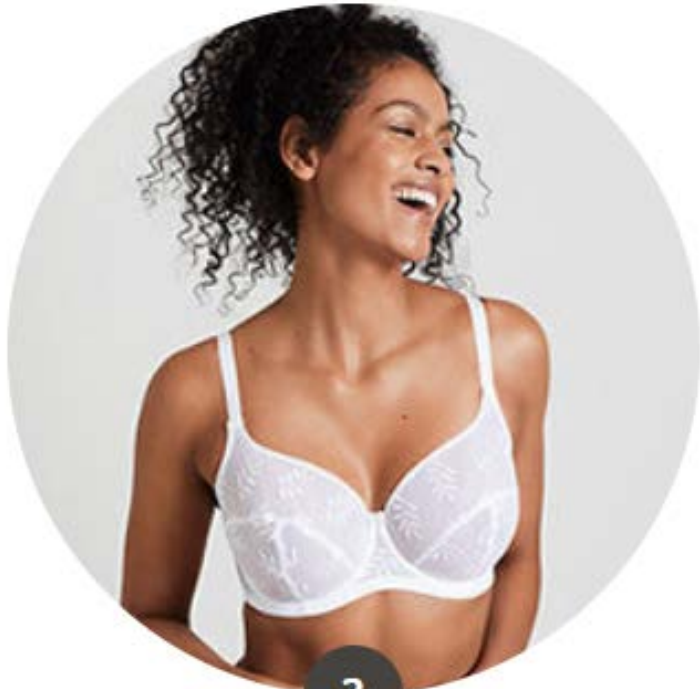
THE UNDERBAND SHOULD BE FIRM BUT COMFORTABLE

Most of the support comes from the underband. It should be horizontal around your body without riding up or digging in. We recommend fastening a new bra on its loosest hooks so that you can tighten it if it stretches over time.



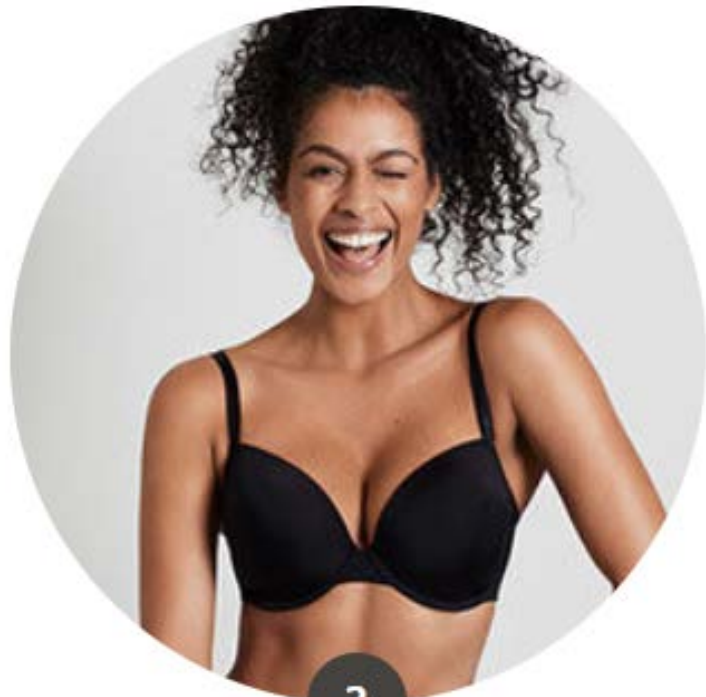
THE WIRES SHOULD LIE FLAT AGAINST YOUR CHEST

The wires between your boobs should lie flat without digging in, rubbing or poking out. If you trace the wire with your finger, it should sit on your ribcage (not your boob!) all the way round to your armpit. The wires shouldn't slip down as you move or lift away if you raise your arms.



YOUR BOOBS SHOULD BE FULLY ENCLOSED IN THE CUPS

Make sure your boobs are fully in the cups – a bit of a scoop, wiggle and jiggle usually does the trick! You should fill the cups without any bulging or wrinkling even in a lower-cut style and there should be a smooth line, with no ridge, where the top and the side of the fabric ends.



OTHER REASONS MY BRA MIGHT NOT BE FITTING WELL



STRAPS SLIPPING?



STRAPS DIGGING IN?



ONE BOOB BIGGER THAN THE OTHER?

30A								
30B	32A							
30C	32B	34A						
30D	32C	34B	36A					
30DD	32D	34C	36B					
30E	32DD	34D	36C	38B				
30F	32E	34DD	36D	38C	40B			
30FF	32F	34E	36DD	38D	40C	42B		
30G	32FF	34F	36E	38DD	40D	42C	44B	
30GG	32G	34FF	36F	38E	40DD	42D	44C	
30H	32GG	34G	36FF	38F	40E	42DD	44D	
30HH	32H	34GG	36G	38FF	40F	42E	44DD	
30J	32HH	34H	36GG	38G	40FF	42F	44E	
	32J	34HH	36H	38GG	40G	42FF	44F	
		34J	36HH	38H	40GG	42G	44FF	
			36J	38HH	40H	42GG	44G	
				38J	40HH	42H	44GG	
					40J	42HH	44H	
						42J	44HH	
							44J	

Sister Sizes



T-Shirt



Balconette



Plunge



Full Cup



Strapless

Types of Bras



Half Cup



Sports



Bralette



Sleep



Non Wired



Nursing